

Europe Cup JTK Shotokan Championship 2025

Samstag 8. November

08:00 - 11:00 Seminar mit L. Ciccarelli

13:00 Start Turnier ab 16 Jahre

Sonntag 9. November

09:00 Start Kids und Jugend bis 15 Jahre



*Ort: Neumattstr. 31
3123 Belp, Schweiz*



Program:

Saturday, 8. November 2025

Schedule: 7:45 a.m. hall opening.

8.00 – 11:00 Uhr	Seminar with Ludovico Ciccarelli
11:30 – 12:15 Uhr	Referee and Coach Meeting
13:00	Start Tournament from 16+ years old

Sunday, 9. November 2025

Schedule: 8:00 a.m. hall opening

08.30 – 08:50 Uhr	Referee and Coach Meeting
9:00 – 12:00 Uhr	Start Kids until 10 years old incl. award ceremony
13:30 Uhr	Start ab 11- 15 years old

Location: triple sports hall Neumattstr. 31, 3123 Belp

The schedule is estimated; it depends on the number of participants.

Information:

It starts in Kata and Kumite Individuals can only start in one category. If Covid measures are implemented again, the number of participants will be limited All karatekas can start in Shotokan style.

If there are too few participants in a category, it will be merged with the next higher or lower category.

Regulations:

The tournament will be held in accordance with Karate Belp regulations.
www.karate-belp.ch

Appear

- - White Karate Gi: The jacket, when tied around the waist with the belt, must be at least long enough to cover the hips. It may not cover more than three quarters of the thigh. Nothing may be worn under the jacket. Women are allowed to wear a plain white T-shirt under the jacket. The sleeves must not extend further than the wrist without being rolled up. Pants must not be longer than the ankle. The trouser legs must not be rolled up.
- - Long hair should be tied together with an elastic band.
- - Normal glasses (sports glasses and lenses are allowed), headbands, hair clips, piercing, jewelry, painted fingernails are not allowed.
- - A club badge and association badge with name as well as an additional inscription/badge on the left or right sleeve may be worn on the karate jacket.

Equipment competitor

- - Men: White hand guards (Kihon Ippon Kumite no hand guards), groin guard optional, mouth guard (white or transparent) mandatory for Jiyu Kumite.
- - Women: White hand guards (Kihon Ippon Kumite no hand guards), chest protector and mouth guard (white or transparent) mandatory for Jiyu Kumite.
- All other shooters are not allowed (except if there is a doctor's prescription) Glasses: Only sports glasses are allowed. Lenses are recommended.

Equipment REFEREE

- - Gray, unpatterned trousers (without cuffs).
- - White, short-sleeved shirt with chest pocket .
- - Referee tie.
- - Single-breasted, plain, dark blue blazer.
- - Referee whistle.
- - The referees do not wear shoes while carrying out their duties.

- - Wearing jewelry, watches, etc. as well as visible piercings is not permitted.
- - Cell phones must be turned off and not carried on the waistband of your pants.
- - Chewing gum and the like are prohibited during use.

Kihon Ippon Kumite

Attack: Jodan Oi-Zuki, Chudan Oi-Zuki, Chudan Mae-Geri (each attack only occurs once on the right).

Defense: Age-Uke, Soto-Uke, Gedan-Barai (evasion only allowed with Gedan-Barai) Counter: Gyaku-Zuki.

If there is a draw, each attack is made once on the left.

Without hand protection

Jiyu Kumite

- - Shobu Ippon, 2 min. (cup system, no consolation round).
- - If there is a draw Enchosen, if there is another draw the first point decides.
- - Final Elite Men 3 Min. 2 Ippon (Nihon Shobu).
- - Negative ratings will not be taken into account.

Kata

Eliminations:

Heian Katas and Tekki Shodan (flag system) The lower Kyu is relevant for all eliminations in all age categories.

Final:

The last 4 finalists Tokui Kata (Free Kata) with points system. The following katas are allowed:

Heian Katas, Bassai Dai, Kanku Dai, Enpi, Sochin, Meikyo, Ji'in, Gojushiho Dai, Jion, Jitte, Hangetsu, Gankaku, Tekki Shodan, Tekki Nidan, Tekki Sandan, Chinte, Bassai Sho, Kanku Sho, Nijushiho, Unsu, Wankan, Gojushiho Sho (other katas are not allowed).

Categories Singles:

AGE	Male/female/mix	Belt	Discipline
5 – 8	mix	all colors	Kihon Ippon Kumite, Kata
5 - 8	mix	white – orange	Jiyu Kumite, Kata
9 – 11	mix	white – green	Kihon Ippon Kumite, Kata
9 – 11	mix	white – green	Jiyu Kumite, Kata
9 – 11	mix	blue – black	Jiyu Kumite, Kata
12 – 15	mix	white – green	Kihon Ippon Kumite, Kata
12 – 13	female	blue – black	Jiyu Kumite, Kata
12 – 13	male	blue – black	Jiyu Kumite, Kata
14 - 15	female	all colors	Jiyu Kumite, Kata
14 - 15	male	all colors	Jiyu Kumite, Kata
16 - 75	Gemischt	white – green	Kihon Ippon Kumite, Kata
16– 17	female	blue – black	Jiyu Kumite, Kata
16 – 17	male	blue – black	Jiyu Kumite, Kata
18 - 35	female	blue – black	Jiyu Kumite, Kata
18 - 35	male	blue – black	Jiyu Kumite, Kata
Veterans 36+	female	blue – black	Jiyu Kumite, Kata
Veterans 36+	male	blue – black	Jiyu Kumite, Kata

Categories Kata TEAM

- - Multiple teams in the same category are possible per dojo.
- - Younger people can start in older categories. However, older ones not in younger categories.
- - Teams can be mixed (from white belt).

Kumite TEAM category

- Team consists of 3 competitors (2 men, 1 woman).
- There are two categories: up to 16 years
over 16 years
- The woman starts as the second fighter in the team.

Insurance

- Participants are responsible for their own insurance. The organizer declines any liability.

referee

Please register using the attached form »Registration list for referee participation«.

competitors

- - Participation fee per category: CHF 25.00
- - Participation fee per team: CHF 30.00

Seminar costs with Ludovico Ciccarelli is 25 CHF or Euro.

pay

- The participation fees must be paid for each dojo at the checkout at the entrance before the start of the tournament (exact amount, no change).

Registration closes: friday, October 24, 2025

(late registrations will not be considered) Registrations per dojo to: wyss.p@datacomm.ch and grutsch@sunrise.ch

Only electronically completed registrations with a designated registration list will be accepted via email.

- - please overwrite the example line in Excel.
- - Be sure to include the sender's email address (for questions).
- - The same registration deadline applies to referees.
- - Each participating dojo brings at least 1 referee.

The organizer:

Karate Belp

